

Little Stars All Natural / Organic Menu December 2019

Morning breakfast and lunch are served with organic milk/water and afternoon snack with water. Both Breakfast and lunch include a serving of fresh fruit. Selections include: Apples, Pears, Oranges, Bananas, Cantaloupe, Watermelon, Strawberries, Blueberries, Pineapple, Mangos, Nectarines and Honeydew Melon

Monday-2 nd	Tuesday-3 rd	Wednesday-4 th	Thursday-5 th	Friday-6 th
Toasted Whole Wheat Mini Bagels w/ Cream Cheese, Fresh Fruit & Organic Milk Chicken Breast Patty On A Whole Wheat Bun Baked Tater Tots Fresh Fruit Organic Milk	Whole Wheat Egg Wrap w/ Fresh Fruit & Organic Milk Whole Wheat French Toast w/ Maple Syrup and Turkey Sausage Fresh Fruit Organic Milk	Organic Yogurt w/ Fresh Fruit & Organic Milk Whole Wheat Macaroni and Cheese Steamed Broccoli Florets Fresh Fruit Organic Milk	Mini Blueberry Muffins w/ Fresh Fruit & Organic Milk Grilled Chicken Breast Whole Wheat Bread & Butter French Cut Green Beans Fresh Fruit Organic Milk	Whole Wheat Pancakes w/ Maple Syrup, Fresh Fruit & Organic Milk Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk
Fresh Fruit w/ Whole Grain Nut Free Trail Mix	Pretzels w/ Monterey Jack Cheese	Fresh Fruit w/ Whole Grain Cheddar Goldfish Crackers	Organic Milk w/ Animal Crackers	Chicken Salad w/ Whole Wheat Crackers
9 th	10 th	11 th	12 th	13 th
Whole Grain Oatmeal w/ Fresh Fruit & Organic Milk Whole Wheat Pasta w/ Turkey Meatballs In Marinara Sauce Steamed Broccoli Florets Fresh Fruit Organic Milk	Whole Grain Cereal w/ Fresh Fruit & Organic Milk Whole Grain Breaded Chicken Breast Nuggets French Cut Green Beans Fresh Fruit Organic Milk	Multigrain Waffles, Maple Syrup, w/ Fresh Fruit & Organic Milk Turkey Chile Fresh Veggies w/ Ranch Dip Fresh Fruit Organic Milk	Whole Wheat Toast w/ Butter, Fresh Fruit & Organic Milk Chicken and Cheese Whole Wheat Quesadillas Sweet Golden Corn Fresh Fruit Organic Milk	Toasted Whole Wheat English Muffin w/ Fresh Fruit & Organic Milk Pollack Fish Sticks Sweet Petite Garden Peas Fresh Fruit Organic Milk
Cheddar Cheese w/ Whole Wheat Crackers	Organic Milk w/ Graham Crackers	Bananas w/ Vanilla Pudding	Organic Yogurt w/ Fresh Fruit	Home Economics Project
16 th	17 th	18 th	19 th	20 th
Mini Blueberry Muffins w/ Fresh Fruit & Organic Milk Pulled BBQ Chicken Sandwich On A Whole Wheat Bun Sweet Potato Fries Fresh Fruit Organic Milk	Whole Wheat Egg Wrap w/ Fresh Fruit & Organic Milk Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk	Whole Wheat Pancakes w/ Maple Syrup, Fresh Fruit & Organic Milk Turkey and Cheese Croissant Mixed Vegetables Fresh Fruit Organic Milk	Organic Yogurt w/ Fresh Fruit & Organic Milk Whole Wheat French Toast w/ Maple Syrup and Turkey Sausage Fresh Fruit Organic Milk	Toasted Whole Wheat Mini Bagels w/ Cream Cheese, Fresh Fruit & Organic Milk Grilled Chicken Breast Whole Wheat Bread & Butter French Cut Green Beans Fresh Fruit Organic Milk
Organic Milk w/ Animal Crackers	Pretzels w/ Monterey Jack Cheese	Chicken Salad w/ Whole Wheat Crackers	Fresh Fruit w/ Whole Grain Cheddar Goldfish Crackers	Holiday Party Snack
23 rd	24 th	25 th	26 th	27 th
Whole Grain Cereal w/ Fresh Fruit & Organic Milk Chefs Choice Mixed Vegetables Fresh Fruit Organic Milk	Closed Christmas Eve		Toasted Whole Wheat English Muffin w/ Fresh Fruit & Organic Milk Pollack Fish Sticks Sweet Petite Garden Peas Fresh Fruit Organic Milk	Multigrain Waffles, Maple Syrup, w/ Fresh Fruit & Organic Milk Whole Grain Breaded Chicken Breast Nuggets French Cut Green Beans Fresh Fruit Organic Milk
Cheddar Cheese w/ Whole Wheat Crackers			Organic Milk w/ Graham Crackers	Organic Yogurt w/ Fresh Fruit
30 th	31 st			
Whole Grain Oatmeal w/ Fresh Fruit & Organic Milk Turkey Meatball Subs Steamed Broccoli Florets Fresh Fruit Organic Milk	Whole Wheat Toast w/ Butter, Preserves, Fresh Fruit & Organic Milk			
Pretzels w/ Monterey Jack Cheese				