



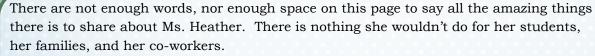
Merry and Bright News

Holiday Open House

Little Stars wants to spread all the holiday cheer this year! We will be hosting our First Annual Holiday Open House on Saturday, December 21st from 10:00 a.m. to 11:00 a.m. We hope all our Little Stars Families and friends will join us for a morning full of Fun Activities, Crafts, Cookie Decorating along with a special visitor, Santa! The children will be busy little elves in their classrooms creating decorations for our open house event, so be sure to stop in and take a look at all their master pieces during the event!

Wishing you and your family a Happy Holiday Season, from The Little Stars Family!

Feature Teacher: Ms. Heather D







We were lucky enough to get her on our Little Stars team and she immediately jumping into Preschool One! She invests so much time into individualizing her students' needs, making sure they receive plenty love and are also being challenged throughout the day. Heather is such an asset to our program as a whole and we are grateful to have her

play such an important role on our Preschool Team. Thank you for all you do and continue doing to make Little Stars shine and for keeping the little ones in your classroom safe, happy and healthy.





Macy's Make A Wish

At the holiday open house the children will be asked to write letters to Santa. For every letter they receive, Macy's will donate \$1 to. Make-A-Wish®, up to \$1 million, to create life -changing. wishes to critically ill children all across the country. START WRITING. Since 2008, Macy's and Make-A-Wish have teamed up to bring holiday cheer with this letter writing campaign.



We Appreciate You!

Little Stars Families!

Do you have friends that don't yet attend our program but their little one would love this event? If so, please invite them! The more the merrier! If your friends choose to enroll with Little Stars, you will receive \$50 off of tuition and your friends will also receive \$50 off their first full week Too!





End Of The Year Ledger's

As the end of the year approaches, it is important that we have ALL accounts at a \$0 balance by end of December. All families will be receiving a 2019 Year End

Ledger. Families who have an outstanding balance will be notified ASAP and will be asked to have it paid by the 27th of December. Payments are due every Friday before the week of care is received. Payments received after Friday will be considered late and will be subject to a late payment fee of \$25. If your check is returned, you will be charged a return check fee of \$35. A friendly

reminder email, regarding tuition policies, will be sent later this month.

TOYS FOR TOTS

Little Stars is proud to participate in their first annual Toys For Tots local toy collection campaign. The primary goal of Marine Toys For Tots is, through the gift of a new toy, help bring the joy of Christmas and send a message of hope to Americas less fortunate children.

Thank you in advance for your generosity and kindness. Your participation to this worthy cause helps make a child's holiday warmer and brighter!



Holiday Attendance Sheets



With the holidays quickly approaching, we would like to get an accurate head-count of how many children will be attending Little Stars during this celebratory time. We try to base our staffing around the expected number of children so that we can accommodate as much time off as possible for our teachers. Many of them travel for the holidays, which is also why we ask so far an advance for what your plans may look like in the coming weeks. Please be on the lookout for a reminder email and a posting of the Holiday Attendance Sheets on your child's classroom door. While we know you may not have set plans for all of the dates we inquire about, please fill them out to the best of your ability. We appreciate your cooperation and look forward to celebrating the holiday season with everyone!

Thank You

for Donating to Families in Need!

With your generosity, our Little Stars Family was able to raise \$350 to families in need of Thanksgiving meals. With this amount we were able to feed approximately 15 families in the Cape Cod Area! Lower Cape Outreach Council was beyond grateful for our donation and told us we were the only childcare facility, to set up a donation drive in support of their program. Being able to give back to our community is a HUGE part of what being in the Little Stars Family is all about. We appreciate your donations and feel extremely grateful to have such a warm and giving group of families. Also, a BIG Thank You to Ms. Tonya and Ms. Sydney for making our turkey and to Ms. Amy for finding this worthy organization to give back!









CURRICULUM CORNER

Making Math Meaningful

While memorization is important, children need a stronger math foundation to be successful in the years ahead. Children may have memorized how to "count to ten," but they may have no idea what "ten" is conceptually. Little Stars teaches children math in a developmental sequence in which one skill builds on another. These skills are taught with materials they can touch, taste and smell as part of their daily activity. Below is a list of things you can do at home that follow the same sequence of skills your child will be learning at school:

Attributes: Discuss the colors, shapes, and sizes of various items (old keys, containers, corks, lids, etc.).

Position & Location: Talk about where things are located in a room. Point out items with position and location words (on, off, in, out, on top of, over, under, etc.).

Classification: Ask your child to help put away groceries, laundry or organize toys.

Patterns: Search for patterns on fabrics, clothes or furniture. Encourage children to make patterns using crackers or cookies before eating them. Also, search for patterns in nature (petals on a flower, rings on a tree trunk, stripes on a zebra, etc.).

One-to-One Correspondence: Invite your child to help match socks, or when serving food, point out that there is one serving, one napkin, one cup for each person. (use language such as "one piece for you, one piece for me").

Sequence/Ordering: Encourage your child to play with nesting toys such as measuring cups or spoons. Challenge them to organize food cans from smallest to largest or lightest to heaviest. You can also ask them to help sort laundry by clothing item.

Numeration: Practice counting objects up to five and point out numerals in daily life (look at phone numbers, addresses, license plates, etc.).

Great Reads for December

Infants:

Baby's First Christmas That's Not My Elf Where is Baby's Dreidel? My First Kwanzaa

Toddler/Early Preschool:

Little Blue Truck's Christmas Tree Dreidel, Dreidel Santa Claus and the Three Bears Lil Rabbits Kwanzaa

Preschool:

Snowmen at Christmas Santa Duck Is It Hanukkah Yet? The Sound of Kwanzaa

Pre-K:

Fox and the Snowflake Christmas How to Catch an Elf Hanukkah Bear K is for Kwanzaa

<u>Holiday PJ DAY!</u>

It's a Grinchy Day!

Every December, we will continue the tradition of having our kiddos enjoy a day in their pajamas watching a holiday movie, eating cookies and drinking chocolate milk! This year, the children will enjoy the original 30 minute movie, "The Grinch Who Stole Christmas!" Each class will learn the TRUE meaning of celebrating the holidays with loved ones and the importance of giving to others! Students will all have a scheduled time to watch a clip of the movie on **Friday**,

December 13th.



Nurse's Tips: Tis the Season To Be...SICK?

On the Jolly Side...

It is our first holiday season as Little Stars Learning Center! As the decorations multiply daily and the good cheer shines year-round. The Leadership Team has a vision that is coming to life in South Dennis!

On the Serious Side...

Below you will find a few very common illnesses we have seen and should expect to see as the weather changes continue. Remember, you can get any of the following communicable diseases from anywhere and from anyone. <u>GERMS ARE EVERYWHERE!</u>

Strep Throat: A sore throat is the main symptom of strep throat. Colds and other viruses are often a cause for sore throat. One way to tell the difference is that a virus will often cause a runny nose, where as with strep, the sore throat comes on quickly and your throat often feels raw and hurts to swallow.

Symptoms to watch for: A fever of 101 F or higher, red, swollen tonsils, white patches in the throat, tiny red spots on the roof of the mouth, appetite loss, stomachache, headache, nausea, vomiting, and/or rash

<u>Hand, Foot, & Mouth:</u> Painful blisters similar to cold sores can show up on the inside of your child's mouth or on his tongue, hands, feet, and sometimes bottom.

Symptoms to watch for: Early symptoms may include fever and a sore throat, rash on the palms of hands or feet, blister-like spots in the mouth, on palms of hands, feet, elbows, knees or bottom. Some or all of the symptoms may occur

Flu: Unlike a cold, flu symptoms usually come on suddenly. Another key difference is a fever, which might not happen with a cold.

Symptoms to watch for: Severe aches in muscles and joints, pain and tiredness around your eyes, weakness or extreme fatigue, warm, flushed skin and red, watery eyes, headache, dry cough, sore throat and runny nose

Stomach Virus: What is often called "stomach flu" is gastroenteritis, an infection of the stomach and intestines. Viral infections are the usual cause of gastroenteritis. The sickness usually passes in about 10 days without medication; the first few days tend to be the worst.

Symptoms to watch for: A sudden attack of diarrhea and/or vomiting, and complaints of stomach pain.

LITTLE STARS LEARNING CENTER REQUIREMENTS FOR A CHILD TO BE EXCLUDED FROM SCHOOL. (This is a short list of many disease exclusions).

Temperature - 100 degrees and greater during flu season. The child may return to school when fever free without the aid of fever reducing medication for 24 hours.

Diarrhea - Two or more abnormal loose stools within 24 hours. May return to school when diarrhea free for 24 hours without the use of diarrhea suppressing medications.

Vomiting - 2 or more times in 24 hours, or once with any other sign/symptom of illness. May return to school when vomit free for 24 hours.

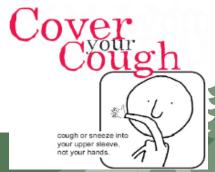
Pink Eye (Conjunctivitis) - symptoms include: red eye with discharge or crusting around eyes, burning and itching. To return to school we will need the permission issued by a physician or until symptom free.

Strep Throat/Scarlet Fever - Child may enter school after taking an effective antibiotic for 24 hours and fever free.

Influenza (Flu) – May return to school when fever free without the aid of fever reducing medication for 24 hours.

Kidshealth.org







December Reminders:

Grinchy Pajama Day:

Friday, December 13th

Holiday Celebrations Party:

Friday, December 20th

Holiday Open House with Santa:

Saturday, December 21st

Little Stars is CLOSED:

Tuesday & Wednesday, December 24th & 25th

Little Stars is CLOSING AT 12:30:

Tuesday, December 31st

Looking Forward to January:

Little Stars is CLOSED:

Wednesday, January 1st

100th Day of Schools

Friday, January 17th



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