

# Bright News!

## January 2020



### STAR FAMILY OF THE MONTH

#### MEET THE SEVIER FAMILY

We are kicking off 2020 with the Sevier Family! Shannon and Jeremy have two amazing little girls, Veronica (almost 6) and Evelyn (age 2). They joined our program almost 6 years ago when Veronica was a tiny baby and they were just a family of three. We've had a blast building a relationship with both kiddos as well as mom and dad! Veronica has a quick wit and all the awesome qualities a leader needs to be successful. We have zero doubts she will do BIG things in her future! Evelyn is developing new skills each and everyday, especially her verbal and large motor right now. She is strong-willed in all the most beautiful ways, brave and always smiling! We are so grateful to have watched Veronica grow through our entire program, graduate and start on her new adventure in Kindergarten. Thanks for letting us be a part of your little ones' early childhood education, Shannon and Jeremy!

#### FUN Facts

- \*The Sevier's LOVE Pizza!
- \* Their favorite local spots are Phil's & Cover 2
- \*Veronica takes dance and swim classes, as well as participates in Girl Scouts & Student Council. Evelyn loves to copy her big sister
- \*This fun family enjoys vacationing in Broadmoor, CO
- \*The girls have a 16 yr. old chihuahua named Melfi
- \* The Sevier's favorite Bright Star memories are watching Veronica read a book to her class and continuing to watch Evelyn gain her independence with tasks in Early Preschool



#### FEATURE TEACHER: MS. LINDSEY!

Congratulations to this one-of-a-kind Toddler teacher, Ms. Lindsey! The list of positive adjectives I could use to describe this woman is endless. We couldn't be more lucky to have Ms. Lindsey be a part of program, she has found herself a co-teacher soulmate in Ms. Christina, and they are the ultimate duo! Ms. Lindsey, thank you for all the thoughtfulness, hard work, passion and heart you pour into your job each and everyday. Your kids are so lucky to have such a fun, caring, emotionally invested teacher by their side each day. Bright Star is equally lucky to have you on our TEAM! Thank you for all that you do, we love you to no end Ms. Lindsey and congratulations on receiving Teacher of the Month!



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# THANK YOU FOR YOUR GENEROSITY!

A special thanks to our supportive Bright Star Families who helped make the holidays a lot **BRIGHTER** for CPS children in the Central Texas area for the seventh consecutive year in a row! We are beyond grateful for your overwhelming generosity. We continue to be astonished by the substantial amount of gifts and money donated each year to The Partnerships for Children, Holiday Wish Program.



Thank you again to everyone who contributed to this life changing, charitable foundation. You have impacted many little ones and Bright Star is extremely proud to have such an awesome group of families! Let's continue this opportunity to demonstrate to our own little stars how to help their community during special times!

*From our Bright Star Family to yours, we hope your holidays were merry and bright!*



## 2020 PRESCHOOL & PRE-K STEAM NIGHT: BLAST OFF INTO SPACE!

Bright Star cordially invites our Preschool and Pre-K students and their parents to participate in our STEAM Night on **Thursday, January 23rd at 6:30 p.m.!** The theme for this event will be "Blast Off Into Space"! Be sure to save the date and stay tuned for more information!



## CLEANING OUT YOUR CHILD'S CLOSET?

If your child has hit a growth spurt and their dresser drawers are over-flowing with shorts, pants or leggings that no longer fit, we would be more than willing to take them off your hands! While we do ask and encourage parents to leave extra clothes in their child's cubby box in case of accidents, quite often we will have a child left with nothing to change into. Any sizes would be extremely helpful for our Early Preschool, Preschool, and Pre-K Teams to utilize. Please do not feel any obligation what so ever to purchase new clothing for Bright Star to use; we would just simply love any donations you may be able to make.

# CURRICULUM CORNER

## HELP YOUR CHILD DEVELOP KINDNESS

**Kindness is the quality of being friendly, generous, and considerate to others. It includes having empathy, compassion and helpfulness as well. It is important to always be willing to lend a hand to others and actively look for opportunities to make a contribution. Take the time to teach your child the importance and value of being kind-hearted. Below are some ways you can try and help your child develop kindness at home.**

**Set an example: Involve your child in activities in which you volunteer to help others. Have them collect goods for the less fortunate, flood/hurricane victims, work in a soup kitchen, donate toys, etc.**

**Discuss with your child what it means to be a kind friend. Ask them questions such as, "What does it mean to be a kind friend?" and "How does it feel when a friend is kind to you?"**

**Read books about kindness:**

- \* *Heartprints* by P.K. Halliman
- \* *Kindness to Share from A to Z* by Todd and Peggy Snow
- \* *Alfie Gives a Hand* by Shirley Hughes
- \* *Feelings* by Alik
- \* *The Kindness Kids* by Stephanie Catlett
- \* *Flower Garden* by Eve Bunting
- \* *A Chair for My Mother* by Vera Williams

**Acknowledge all the kind things your child does (i.e. holding a door for someone, hugging a sad friend, helping a friend pick things up they drop, etc.)**

**Model respect for all living creatures and encourage your child to do the same. Redirect spiders out of the yard and step over bugs in your path!**

## NURSE TERRY'S TIPS:

**I hope everyone had a joyous holiday and spent some memorable time with your absolutely fantastic children. Time with family is the best present ever, and the memories made last forever. You can't say that about a fruitcake! I really hope, as the nurse here at BSAS, that you can start 2019 with less stress and time to relax when possible. This will not only help mentally but physically too. You may find that you and your family have fewer sick days as a result, so take a deep breath as we start this year with the thrill of hope!**

**On that note, a great stress reliever and way to stay healthy is exercise, and January just so happens to be Fitness Month! Below are some fun ways to keep your little ones active.**

### Creative Ideas:

- \*Pretend to go on a bear hunt
- \*Play Follow the Leader
- \*Have a dance Party
- \*Create a scavenger hunt
- \*Use a Wii Fit
- \*Draw a maze on the driveway
- \*Challenge them to walk or move like various animals
- \*Ice skate in socks around the house
- \*Go on a nature walk
- \*Play Simon Says
- \*Play Red Light, Green Light

**Eat  
Move  
Grow**  
Growing healthy active kids

### Sports:

- \*Soccer
- \*Swimming Lessons
- \*Martial Arts
- \*Yoga
- \*Gymnastics
- \*Tumbling
- \*T-Ball



## What's Happening in January?

Tuesday, December 31st: **CLOSING EARLY @ 12:30pm**

Wednesday, January 1st: **CLOSED** for New Year's Day

Thursday, January 23rd:  
Preschool/Pre-K STEAM Night

## Looking Forward to February!

Friday, February 7th: **CLOSED** for In-Service

Friday, February 14th: Valentine's Celebration

TBD: Big Top Dentistry Visit



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# TIS THE SEASON TO BE JOLLY!

