

## Little Stars All Natural / Organic Menu **February 2020**

Morning breakfast and lunch are served with organic milk/water and afternoon snack with water. Both Breakfast and lunch include a serving of fresh fruit. Selections include: Apples, Pears, Oranges, Bananas, Cantaloupe, Watermelon, Strawberries, Blueberries, Pineapple, Mangos, Nectarines and Honeydew Melon

Monday 3 <sup>rd</sup>	Tuesday 4 <sup>th</sup>	Wednesday 5 <sup>th</sup>	Thursday 6 <sup>th</sup>	Friday 7 <sup>th</sup>
Organic Yogurt w/ Fresh Fruit & Organic Milk	Whole Wheat Egg Wrap w/ Fresh Fruit & Organic Milk	Whole Wheat Bagels w/ Cream Cheese, Fresh Fruit & Organic Milk	Mini Blueberry Muffins w/ Fresh Fruit & Organic Milk	Whole Wheat Pancakes w/ Maple Syrup, Fresh Fruit & Organic Milk
Grilled Chicken Breast Whole Wheat Bread And Buter Green Beans Fresh Fruit Organic Milk	Whole Wheat French Toast w/ Maple Syrup Turkey Sausage Fresh Fruit Organic Milk	Chicken Parmesan Garlic Bread Mixed Green Salad Fresh Fruit Organic Milk	Whole Wheat Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk	Chicken Patty On A Whole Wheat Roll Steamed Carrots Fresh Fruit Organic Milk
Fresh Fruit w/ Whole Grain Nut Free Trail Mix	Pretzels w/ Monterey Jack Cheese	Fresh Fruit w/ Whole Grain Cheddar Goldfish Crackers	Organic Milk w/ Animal Crackers	Chicken Salad w/ Whole Wheat Crackers
10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>
Whole Grain Oatmeal w/ Fresh Fruit & Organic Milk	Whole Grain Cereal Fresh Fruit & Organic Milk	Multigrain Waffles, Maple Syrup, W/ Fresh Fruit & Organic Milk	Whole Wheat Toast w/ Butter, Fresh Fruit & Organic Milk	Whole Wheat English Muffins, Fresh Fruit & Organic Milk
Pollack Fish Sticks Steamed Broccoli Florets Fresh Fruit Organic Milk	Turkey Meatball Subs, French Cut Green Beans Fresh Fruit Organic Milk	Chicken Piccata Whole Grain Pasta Mixed Green Salad Fresh Fruit Organic Milk	Turkey And Cheese Croissants Sweet Golden Corn Fresh Fruit Organic Milk	Whole Wheat Macaroni and Cheese Sweet Petite Garden Peas Fresh Fruit Organic Milk
Cheddar Cheese w/ Whole Wheat Crackers	Graham Crackers w/ Organic Milk	Fresh Fruit w/ Animal Crackers	Fresh Fruit w/ Organic Milk	Party Snack Fresh Fruit w/ Organic Milk
17 <sup>th</sup>	18 <sup>th</sup>	19 <sup>th</sup>	20 <sup>th</sup>	21 <sup>st</sup>
	Whole Wheat Mini Bagels w/ Cream Cheese, Fresh Fruit & Organic Milk	Whole Wheat Pancakes w/ Maple Syrup, Fresh Fruit & Organic Milk	Whole Wheat Egg Wrap w/ Fresh Fruit & Organic Milk	Mini Blueberry Muffins w/ Fresh Fruit & Organic Milk
<b>Closed</b> Presidents' Day	Whole Grain Chicken Breast Nuggets Tater Tots Fresh Fruit Organic Milk	Whole Wheat Toasted Cheese Sandwich Chicken Noodle Soup w/ Veggies Fresh Fruit Organic Milk	Whole Wheat French Toast w/ Maple Syrup Turkey Sausage Fresh Fruit Organic Milk	Whole Wheat Pasta With Turkey Meatballs Green Beans Fresh Fruit Organic Milk
	Fresh Fruit w/ Whole Grain Nut Free Trail Mix	Chicken Salad w/ Whole Wheat Crackers	Pretzels w/ Monterey Jack Cheese	Fresh Veggies w/ Ranch Dip & Whole Grain Goldfish Crackers
24 <sup>th</sup>	25 <sup>th</sup>	26 <sup>th</sup>	27 <sup>th</sup>	28 <sup>th</sup>
Whole Grain Cereal w/ Fresh Fruit & Organic Milk	Whole Grain Oatmeal w/ Fresh Fruit & Organic Milk	Whole Wheat Toast w/ Butter, Fresh Fruit & Organic Milk	Whole Wheat English Muffins w/ Fresh Fruit & Organic Milk	Multigrain Waffles w/ Maple Syrup, Fresh Fruit & Organic Milk
Turkey Chili Sweet Golden Corn Corn Muffins Fresh Fruit Organic Milk	Grilled Chicken Breast Whole Wheat Bread And Butter Sweet Baby Peas Fresh Fruit Organic Milk	Sheppard's Pie Mixed Vegetables Fresh Fruit Organic Milk	Pulled Chicken On A Whole Wheat Bun Cucumbers & Carrot Sticks w/ Ranch Dressing Fresh Fruit Organic Milk	Pollack Fish Sticks Shoestring French Fries Fresh Fruit Organic Milk
Graham Crackers w/ Organic Milk	Cheddar Cheese w/ Whole Wheat Crackers	Organic Yogurt w/ Fresh Fruit	Home Economics Project	Vanilla Pudding w/ Animal Crackers