

February 2020

## Feature Teacher: Ms. Jakii!

The best word to describe Ms. Jakii is Amazing! She comes into work each day with a smile on her face and does her best to meet the needs of every child in our program! There is nothing she wouldn't do for her students. her families, and her co-workers. We were so happy to have her join our Little Stars team and she has done an impressive job of learning all the routines of each room. Jakii is an asset to our program as a whole and we are grateful to have her every day. Thank you for all you do and continue doing to make Little Stars shine and for keeping the little ones in your care safe, happy and healthy. Little Stars wouldn't be the same without you, Jakii! Congratulations on receiving Teacher of the Month

# Valentine's Day Party!

Little Stars will be having our annual Valentine's Day Party on Friday, February 14th!

The children will participate in a fun heart themed craft, exchange valentines, read Valentine's books and enjoy a delicious party snack! For this exciting celebration, we also invite the children to dress in red and/or pink!









#### Spring Photos will take place on Thursday & Friday, April 30th & May 1st! The Infants and Toddlers photos will be

taken on Thursday April 30th and Preschoolers on May1st. Spring Photos are so much fun and we cannot wait to see everyone dressed to impress!

# CHECK OUT OUR PARENT RESOURCE BOARD

- Birthday Request Forms
- Change in Schedule Forms
- Events happening in the community
- Little Stars Menu

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Healthy

- Family Challenge Calendars
- Training Opportunities for parents
- Teacher All About Me Sheets

FAMILY

American Heart Association.

A JOINT PROGRAM OF

CONTINUITY

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Children's Health System

Supporting family success in every community

## **Nurse's Tips**

It's Children's Dental Health Month: let's talk tooth decay! Tooth decay (cavities) is one of the most common chronic conditions of childhood in the United States. Untreated tooth decay can cause pain and infections that may lead to problems with eating, speaking, playing, and learning. The good news? Tooth decay is preventable with fluoride toothpaste! Make sure to use the following guidelines when your child is brushing: \*If your child is younger than age 6, watch your child brush their teeth. Make sure your child only uses a pea-sized amount of toothpaste and always spits it out rather than swallows it. If your child is younger than age 2, do not use fluoride toothpaste unless your doctor or dentist tells you to. \*Talk to your child's dentist about dental sealants. Sealants protect teeth from decay. tooth decay is the most common П childhood disease 3 out of every 5 children are affected by tooth decay 6 million 5x million lack access to more common basic dental care than asthma Every \$1 spent 2 is tooth decay is on prevention in oral care too late almost entirely can save you \$8-\$50 preventable! on restorative and emergency procedures before age 1 million Brush your teeth at least twice a day Amount Tom's of Maine has provided to for two minutes dental clinics to increase access to oral care Happy Birthday, Dr. Seuss! In honor of Dr. Seuss' birthday, we are celebrating with a week of themed dress up days! March2nd-March 6th! Join us as we relish in Dr. Seuss' fun and guirky story-telling style, by embarking on a fun-filled week of themed dress creativity: Monday – Wear a Hat (Cat in the Hat) Tuesdav – Wear Crazy Socks (Fox in Socks) Wednesday – Inside-out/Backwards (Wacky Wednesday) Thursday – Collegiate Shirt Day (Oh the Places You'll Go!) Friday – Dress as your favorite Dr. Seuss Character

CURRICULUM CORNER

### **Helping Your Child Learn To Share:**

Sharing requires empathy, compassion and a strong sense of self. During a child's first year of life, they attach to the important people in their lives. During the second year, they begin to attach to *things* (blankets, stuffed animals, etc.). These *things* are important because that's what helps your child create their own sense of self. As a child becomes more comfortable with their own sense of self, the need for these things diminishes and the child becomes more capable of sharing.

When a child reaches the toddler stage of "mine" and "I do it myself" their sense of self is truly beginning to emerge. They are establishing their own identity and begin to focus on compassion (caring for another) and empathy (putting themselves in the place of another); these are key components to sharing. Three year old's can benefit from models of sharing and reminders to share as guidelines for their behavior. It takes until about the age of six for a child to truly begin sharing on their own.

Below are some ideas to help your child be successful at sharing at home: \*If you write your child's name on masking tape and stick it to his or her favorite toy, he or she is much more likely to let go of it.

\*If friends are coming over, have your child put away his or her most prized possessions. Guide your child as you watch them play with someone else. For example, if your child is grabbing others, teach them that this will steer others from wanting to play with them. Or, if your child is always the victim, help them learn the power of saying "no".

help them learn the power of saying "no". \*Children are more generous when they receive generosity. Make sure you are always generous with your child. Make sure to call attention to the generosity and sharing things that you do.

\*Play sharing games (your turn, my turn), such as I Spy and Tic-Tac-Toe. \*Provide your child with ideas on how to share a specific toy (i.e. 5 minutes for you, 5 minutes for me).

# **IB I E N V E N I D O S**!

#### **Don't Forget: Spanish Words!**

A friendly reminder, our amazing staff have been practicing Spanish words with your children! Most recently, the children have been learning theword for the color Yellow, Amarillo and the word water, agua.

# Little Stars LEARNING CENTER

434 Route 134 South Dennis MA 02660

Phone: 508-760-2772 Fax: 888-965-0758

# connect with Us

@LittleStarsLearningCenterCC

/StarPreschools

@littlestarslearningcenter\_cc





## **Dates to Know in February**

Wednesday, February 14th: Valentine's Day Celebration Thursday, February 17th: **CLOSED-Presidents Day** Wednesday, February 26th: **DS/DK STEAM NIGHT!** 

## **Looking Forward to March**

Monday March 2nd– Friday March 6th **Dr. Seuss Theme Dress Days Tuesday, March 17th: St. Patricks Day Celebration**