

Little Stars All Natural / Organic Menu March 2020

Morning breakfast and lunch are served with organic milk/water and afternoon snack with water. Both Breakfast and lunch include a serving of fresh fruit. Selections include: Apples, Pears, Oranges, Bananas, Cantaloupe, Watermelon, Strawberries, Blueberries, Pineapple, Mangos, Nectarines and Honeydew Melon

2 nd	3 rd	4 th	5 th	6 th
Organic Yogurt w/ Fresh Fruit & Organic Milk	Whole Wheat Egg Wrap w/ Fresh Fruit & Organic Milk	Whole Wheat Mini Bagels w/ Fresh Fruit & Organic Milk	Mini Blueberry Muffins w/ Fresh Fruit & Organic Milk	Whole Wheat Pancakes w/ Maple Syrup, Fresh Fruit & Organic Milk
Grilled Chicken Breast Whole Wheat Bread & Butter French Cut Green Beans Fresh Fruit Organic Milk	Cheesy American Chop Suey w/ Peppers and Corn Fresh Fruit Organic Milk	Turkey Sausage and Gnocchi Soup w/ Spinach Fresh Fruit Organic Milk	Whole Wheat Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk	Chicken Patty On A Whole Wheat Bun Baby Carrots Fresh Fruit Organic Milk
Fresh Fruit w/ Whole Grain Nut Free Trail Mix	Pretzels w/ Monterey Jack Cheese	Fresh Fruit w/ Organic Milk	Organic Milk w/ Animal Crackers	Chicken Salad w/ Whole Wheat Crackers
9 th	10 th	11 th	12 th	13 th
Whole Grain Oatmeal w/ Fresh Fruit & Organic Milk	Whole Wheat English Muffin w/ Butter, Fresh Fruit & Organic Milk	Multigrain Waffles w/ Maple Syrup, Fresh Fruit & Organic Milk	Whole Wheat Toast w/ Preserves, Fresh Fruit & Organic Milk	Whole Grain Cereal w/ Fresh Fruit & Organic Milk
Pollack Fish Sticks Steamed Broccoli Florets Fresh Fruit Organic Milk	Turkey Meatball Whole Wheat Sub French Cut Green Beans Fresh Fruit Organic Milk	Pasta e Fagioli (Pasta and Bean Soup) Sweet Petite Garden Peas Organic Milk	Turkey & Cheese Croissants Sweet Golden Corn Fresh Fruit Organic Milk	Egg, Butternut Squash Mini Cheese Quiche w/ Tater Tots Fresh Fruit Organic Milk
Cheddar Cheese w/ Whole Wheat Crackers	Organic Milk w/ Graham Crackers	Home Economics Project	Organic Yogurt w/ Fresh Fruit	Fresh Fruit w/ Whole Grain Cheddar Goldfish Crackers
16 th	17 th	18 th	19 th	20 th
Whole Wheat Mini Bagels w/ Fresh Fruit & Organic Milk	Whole Grain Cereal Fresh Fruit & Organic Milk	Whole Wheat Pancakes w/ Maple Syrup, Fresh Fruit & Organic Milk	Whole Wheat Egg Wrap w/ Fresh Fruit & Organic Milk	Mini Blueberry Muffins w/ Fresh Fruit & Organic Milk
Whole Wheat French Toast w/ Maple Syrup Turkey Sausage Fresh Fruit Organic Milk	Saint Patrick's Day Party	Whole Grain Breaded Chicken Breast Nuggets Tater Tots Fresh Fruit Organic Milk	Mexican Fiesta Bake w/ Ground Turkey, Quinoa, Black Beans & Corn Fresh Fruit Organic Milk	Whole Wheat Pasta w/ Turkey Meatballs French Cut Green Beans Fresh Fruit Organic Milk
Chicken Salad w/ Whole Wheat Crackers	Fresh Fruit w/ Party Snack and Organic Milk	Fresh Fruit w/ Whole Grain Nut Free Trail Mix	Pretzels w/ Monterey Jack Cheese	Fresh Veggies w/ Ranch Dip & Whole Wheat Crackers
23 rd	24 th	25 th	26 th	27 th
Whole Grain Cereal w/ Fresh Fruit & Organic Milk	Whole Grain Oatmeal w/ Fresh Fruit & Organic Milk	Whole Wheat Toast w/ Preserves, Fresh Fruit & Organic Milk	Whole Wheat English Muffin w/ Butter, Fresh Fruit & Organic Milk	Multigrain Waffles w/ Maple Syrup, Fresh Fruit & Organic Milk
Cheese Tortellini w/ Marinara Sauce Mixed Green Salad Fresh Fruit Organic Milk	Grilled Chicken Breast Whole Wheat Bread & Butter Sweet Petite Garden Peas Fresh Fruit Organic Milk	Italian Wedding Soup w/ Carrots Garlic Bread Fresh Fruit Organic Milk	Pulled Chicken On A Whole Wheat Bun Fresh Veggies w/ Ranch Dressing Fresh Fruit Organic Milk	Pollack Fish Sticks Steamed Broccoli Florets Fresh Fruit Organic Milk
Organic Milk w/ Graham Crackers	Cheddar Cheese w/ Whole Wheat Crackers	Organic Yogurt w/ Fresh Fruit	Fresh Fruit w/ Whole Grain Cheddar Goldfish Crackers	Vanilla Pudding w/ Animal Crackers
30 th	31 st			
Mini Blueberry Muffins w/ Fresh Fruit & Organic Milk	Whole Wheat Egg Wrap w/ Fresh Fruit & Organic Milk			
Whole Wheat Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk	Whole Wheat French Toast w/ Maple Syrup Turkey Sausage Fresh Fruit Organic Milk			
Pretzels w/ Monterey Jack Cheese	Fresh Veggies w/ Ranch Dip & Whole Wheat Crackers			

