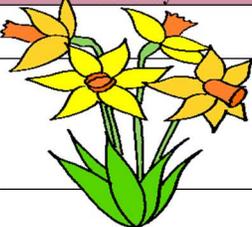
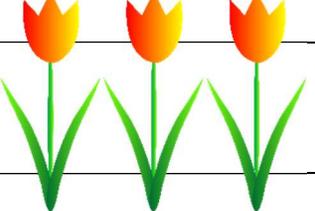


# Bright Star Academy Schools All Natural / Organic *April* Menu 2021



Morning Snack And Lunch Are Served With Organic Milk/Water And Afternoon Snack With Water  
*A Vegan Dairy Free Option Is Available For Children With Allergies And Special Dietary Restrictions.*

Fresh Fruit Includes: Apples, Pears, Oranges, Bananas, Cantaloupe, Watermelon, Strawberries, Blueberries, Pineapple, Mangos, Nectarines And Honeydew Melon

Monday	Tuesday	Wednesday	Thursday 1 <sup>st</sup>	Friday-2 <sup>nd</sup>
				
5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>
Whole Wheat Bagels w/ Butter & Organic Milk	Cinnamon Rolls & Organic Milk	Egg & Cheese Wrap & Organic Milk	<b>Spring Fling Party Snack</b>	Whole Wheat Pancakes w/ Maple Syrup & Organic Milk
Turkey Toms On A Whole Wheat Bun Baked Sweet Potato Fries Fresh Fruit Organic Milk	Oven Roasted Turkey Breast & Cheese Spinach Herb Roll-Ups Tatar Tots Fresh Fruit Organic Milk	Whole Grain Macaroni and Cheese Steamed Broccoli Florets Fresh Fruit Organic Milk	Breaded Whole Grain Chicken Breast Nuggets French Cut Green Beans Fresh Fruit Organic Milk	Whole Wheat Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk
Pretzels w/ Cheddar Cheese	Natural Unsweetened Cinnamon Apple Sauce w/ Graham Crackers	Chicken Salad w/ Whole Wheat Crackers	<b>Party Snack</b>	Fresh Fruit
12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>
Oatmeal w/ Apples, Cinnamon & Organic Milk	Whole Grain Waffles w/ Maple Syrup & Organic Milk	Whole Grain Cereal & Organic Milk	Yogurt w/ Fresh Fruit & Organic Milk	Buttermilk Whole Wheat Biscuits w/ Preserves & Organic Milk
Breaded Whole Grain Chicken Breast On A Whole Wheat Bun Steamed Carrots Fresh Fruit Organic Milk	Alaskan Pollock Fish Sticks Sweet Petite Garden Peas Fresh Fruit Organic Milk	Chicken Alfredo On Whole Grain Pasta Mixed Vegetable Fresh Fruit Organic Milk	Whole Wheat French Toast w/ Maple Syrup Turkey Sausage Patty Fresh Fruit Organic Milk	Sun Butter w/ Preserves on Whole Wheat Bread Veggies w/ Ranch Dressing Fresh Fruit Organic Milk
Cheddar Cheese w/ Whole Wheat Crackers	Whole Grain Nut Free Trail Mix	Home Economics Project Snack	Whole Wheat Bagel Cheese Pizzas	Whole Grain Blueberry Muffins
19 <sup>th</sup>	20 <sup>th</sup>	21 <sup>st</sup>	22 <sup>nd</sup>	23 <sup>rd</sup>
Whole Grain Apple Cinnamon Muffins & Organic Milk	Turkey Bacon, Egg & Cheese Wrap w/ Organic Milk	Whole Wheat Pancakes w/ Maple Syrup & Organic Milk	Whole Wheat Cinnamon Toast & Organic Milk	Whole Wheat Bagels w/ Butter & Organic Milk
Whole Wheat Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk	Cheese Tortellini w/ Marinara Sauce Steamed Broccoli Florets Fresh Fruit Organic Milk	Breaded Whole Grain Chicken Breast Nuggets French Cut Green Beans Fresh Fruit Organic Milk	Chicken Noodle Soup w/ Mixed Vegetables Fresh Fruit Organic Milk	Chicken Soft Tacos Steamed Carrots Fresh Fruit Organic Milk
Fresh Fruit	Oatmeal Apple Cinnamon Bars	Natural Unsweetened Cinnamon Apple Sauce w/ Graham Crackers	Vanilla Pudding w/ Bananas	Pretzels w/ Cheddar Cheese
26 <sup>th</sup>	27 <sup>th</sup>	28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup>
Cinnamon Rolls & Organic Milk	Whole Grain Cereal & Organic Milk	Whole Wheat Toast w/ Preserves & Organic Milk	Turkey Sausage w/ Fresh Fruit & Organic Milk	Yogurt w/ Fresh Fruit & Organic Milk
Turkey Frito Pie Fresh Cut Green Beans Fresh Fruit Organic Milk	Turkey Meatball Subs On Whole Wheat Bun Steamed Carrots Fresh Fruit Organic Milk	Whole Wheat Cheese Pizza Sweet Golden Corn Fresh Fruit Organic Milk	Whole Grain Macaroni and Cheese Steamed Broccoli Florets Fresh Fruit Organic Milk	Chefs Choice Vegetable Fresh Fruit Organic Milk
Whole Grain Goldfish Crackers	Cheese Quesadilla	Fresh Fruit	Chicken Salad w/ Whole Wheat Crackers	Chefs Choice