



Morning Breakfast And Lunch Are Always Served With Organic Milk/Water And Afternoon Snack With Water or Organic Milk

Fresh Fruit Includes: Apple	es, Pears, Oranges, Bananas, Cantalo	upe, Watermelon, Strawberries, Blue	berries, Pineapple, Mangos, Nectar	ines And Honeydew Melon
Monday	Tuesday	Wednesday	Thursday-1st	Friday-2 nd
W De		Maria Maria	Oatmeal w/ Apples, Cinnamon & Organic Milk	Whole Grain Waffles w/ Fresh Fruit, Maple Syrup & Organic Milk
			Whole Wheat Pasta w/ Turkey	Alaskan Pollock Fish Sticks
	The state of the s		Meatballs In Marinara Sauce	Sweet Petite Garden Peas
	75 84-5-5-1V		Steamed Broccoli Florets	Fresh Fruit
			Fresh Fruit	Organic Milk
		V V V	Organic Milk	
	V. S.		Whole Grain Blueberry Muffins w/	Whole Grain Nut Free Trail Mix
		* * *	Organic Milk	w/ Organic Milk
5 th	6 th	$7^{ m th}$	8 th	9 th
Whole Wheat Bagels w/ Butter,	Spring Fling Party Snack	Egg & Cheese Wrap w/ Fresh Fruit	Cinnamon Rolls w/ Fresh Fruit	Whole Grain Apple Cinnamon Muffins
Fresh Fruit & Organic Milk	1 0 0	& Organic Milk	& Organic Milk	w/ Fresh Fruit & Organic Milk
Turkey Toms	Chicken Salad On Whole Wheat Bread	Whole Grain Macaroni and Cheese	Breaded Whole Grain	Whole Wheat Cheese Pizza
On A Whole Wheat Bun	Veggies w/ Ranch Dressing	Steamed Broccoli Florets	Chicken Breast Nuggets	Sweet Golden Corn
Baked Sweet Potato Fries	Fresh Fruit	Fresh Fruit	French Cut Green Beans	Fresh Fruit
Fresh Fruit	Organic Milk	Organic Milk	Fresh Fruit	Organic Milk
Organic Milk			Organic Milk	
Pretzels w/ Cheddar Cheese	Party Snack	Chicken Salad w/	Natural Unsweetened Cinnamon	Fresh Fruit w/ Organic Milk
	ů.	Whole Wheat Crackers	Apple Sauce w/ Graham Crackers	
12 th	13 th	14 th	15 th	16 th
Oatmeal w/ Apples, Cinnamon	Whole Grain Waffles w/ Fresh Fruit,	Whole Grain Cereal w/ Fresh Fruit	Yogurt w/ Fresh Fruit	Buttermilk Whole Wheat Biscuits w/
& Organic Milk	Maple Syrup & Organic Milk	& Organic Milk	& Organic Milk	Fresh Fruit Preserves & Organic Milk
Breaded Whole Grain Chicken Breast	Alaskan Pollock Fish Sticks	Chicken Alfredo On	Whole Wheat French Toast	Grilled Chicken Breast
On A Whole Wheat Bun	Sweet Petite Garden Peas	Whole Grain Pasta	w/ Maple Syrup	Whole Wheat Bread and Butter
Steamed Carrots	Fresh Fruit	Mixed Vegetable	Turkey Sausage Patty	Mixed Vegetables
Fresh Fruit	Organic Milk	Fresh Fruit	Fresh Fruit	Fresh Fruit
Organic Milk		Organic Milk	Organic Milk	Organic Milk
Cheddar Cheese w/	Whole Grain Nut Free Trail Mix	Home Economics Project Snack	Whole Wheat Bagel Cheese Pizzas	Whole Grain Blueberry Muffins
Whole Wheat Crackers	w/ Organic Milk			w/ Organic Milk
19 th	20 th	21 st	22 nd	23 rd
Whole Grain Apple Cinnamon Muffins	Egg & Cheese Wrap w/ Fresh Fruit	Whole Wheat Pancakes w/ Fresh Fruit,	Whole Wheat Cinnamon Toast	Whole Wheat Bagels w/ Butter,
w/ Fresh Fruit & Organic Milk	& Organic Milk	Maple Syrup & Organic Milk	w/ Fresh Fruit & Organic Milk	Fresh Fruit & Organic Milk
Whole Wheat Cheese Pizza	Cheese Tortellini w/ Marinara Sauce	Breaded Whole Grain	Chicken Noodle Soup w/	Chicken Soft Tacos
Sweet Golden Corn	Steamed Broccoli Florets	Chicken Breast Nuggets	Mixed Vegetables	Steamed Carrots
Fresh Fruit	Fresh Fruit	French Cut Green Beans	Fresh Fruit	Fresh Fruit
Organic Milk	Organic Milk	Fresh Fruit Organic Milk	Organic Milk	Organic Milk
Fresh Fruit w/ Organic Milk	Oatmeal Apple Cinnamon Bars	Natural Unsweetened Cinnamon	Vanilla Pudding w/ Bananas	Pretzels w/ Cheddar Cheese
g	w/ Organic Milk	Apple Sauce w/ Graham Crackers	g	
26 th	27 th	28 th	29 th	30 th
Cinnamon Rolls w/ Fresh Fruit	Whole Grain Cereal w/ Fresh Fruit	Whole Wheat Toast w/	Turkey Sausage w/ Fresh Fruit &	Yogurt w/ Fresh Fruit
& Organic Milk	& Organic Milk	Fresh Fruit Preserves & Organic Milk	Organic Milk	& Organic Milk
Turkey Frito Pie	Turkey Meatball Subs	Whole Wheat Cheese Pizza	Whole Grain Macaroni and Cheese	Chefs Choice
Fresh Cut Green Beans	On Whole Wheat Bun	Sweet Golden Corn	Steamed Broccoli Florets	Vegetable
Fresh Fruit	Steamed Carrots	Fresh Fruit	Fresh Fruit	Fresh Fruit
Organic Milk	Fresh Fruit Organic Milk	Organic Milk	Organic Milk	Organic Milk
Whole Grain Goldfish Crackers	Cheese Quesadilla	Fresh Fruit w/ Organic Milk	Chicken Salad w/	Chefs Choice
w/ Organic Milk		j	Whole Wheat Crackers	