



# Starboard All Natural / Organic **DECEMBER** Menu



Morning Breakfast and Lunch Are Always Served With Organic Milk and Fresh Fruit, Afternoon Snack Is Served With Organic Milk or Fresh Fruit

Fresh Fruit Includes: Apples, Pears, Oranges, Bananas, Cantaloupe, Watermelon, Strawberries, Blueberries, Pineapple, Mangos, Nectarines And Honeydew Melon

Monday	Tuesday	Wednesday	Thursday-1 <sup>st</sup>	Friday-2 <sup>nd</sup>
			Whole Grain Muffins & Organic Milk Chicken Alfredo w/ Whole Grain Pasta Mixed Vegetable Fresh Fruit Organic Milk Natural Unsweetened Cinnamon Apple Sauce w/ Graham Crackers	Whole Grain Waffles w/ Maple Syrup & Organic Milk Cod Fish Nuggets Sweet Golden Corn Fresh Fruit Organic Milk Whole Grain Nut Free Trail Mix
5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>
Turkey Bacon w/ Whole Wheat Toast & Organic Milk Sun Butter w/ Preserves On Whole Wheat Bread Veggie's w/ Ranch Dressing Fresh Fruit Organic Milk Whole Grain Pretzels w/ Cheddar Cheese	Egg and Tortilla Wrap & Organic Milk Whole Grain Macaroni and Cheese Steamed Broccoli Florets Fresh Fruit Organic Milk Whole Grain Tortilla Chips w/ Salsa	Whole Wheat Pancakes w/ Maple Syrup & Organic Milk Breaded Whole Grain Chicken Breast Nuggets French Cut Green Beans Fresh Fruit Organic Milk <b>Home Economics Project Snack</b> <b>Grinch Snack</b>	Whole Grain Cinnamon Rolls & Organic Milk Chicken Salad On Whole Wheat Bread Steamed Carrots Fresh Fruit Organic Milk Fresh Fruit w/ Vanilla Wafers	Oatmeal w/ Apples & Cinnamon & Organic Milk Whole Wheat Cheese Pizza Sweet Petite Garden Peas Fresh Fruit Organic Milk Whole Grain Muffins
12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>
Whole Wheat Bagels w/ Butter & Organic Milk Whole Wheat Pasta w/ Turkey Meatballs In Marinara Sauce Steamed Broccoli Florets Fresh Fruit Organic Milk Natural Unsweetened Cinnamon Apple Sauce w/ Graham Crackers	Whole Grain Waffles w/ Maple Syrup & Organic Milk Chicken Gyros w/ Lettuce, Tomato & Cheese Jasmine Rice Fresh Fruit Organic Milk Fruit Salad w/ Vanilla Wafers	Whole Grain Muffins & Organic Milk Grilled Cheddar Cheese On Whole Wheat Bread Mixed Vegetables Fresh Fruit Organic Milk Cheddar Cheese w/ Whole Wheat Crackers	Yogurt w/ Fresh Fruit & Organic Milk Whole Wheat French Toast w/ Maple Syrup Turkey Sausage Patty Fresh Fruit Organic Milk Whole Grain Nut Free Trail Mix	 Breaded Whole Grain Chicken Breast Patty On Whole Wheat Bun Steamed Carrots Fresh Fruit Organic Milk <b>Holiday Party Snack</b> 
19 <sup>th</sup>	20 <sup>th</sup>	21 <sup>st</sup>	22 <sup>nd</sup>	23 <sup>rd</sup>
Buttermilk Whole Wheat Biscuits w/ Butter, Preserves & Organic Milk Grilled Chicken Breast Cornbread Muffins w/ Butter French Cut Green Beans Fresh Fruit Organic Milk Whole Grain Goldfish Crackers	Oatmeal w/ Apples & Cinnamon & Organic Milk Whole Wheat Cheese Pizza Sweet Petite Garden Peas Fresh Fruit Organic Milk Sun Butter w/ Bananas	Whole Wheat Cinnamon Toast & Organic Milk Cheese Tortellini Steamed Broccoli Florets Fresh Fruit Organic Milk Whole Grain Muffins	Egg and Tortilla Wrap & Organic Milk Soft Turkey & Cheese Tacos Spanish Rice and Beans Fresh Fruit Organic Milk Whole Grain Pretzels w/ Cheddar Cheese	<b>NO SCHOOL</b>  <i>Happy Holidays</i>
26 <sup>th</sup>	27 <sup>th</sup>	28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup>
<b>NO SCHOOL</b> 	Chef's Choice & Organic Milk Chefs Choice Mixed Vegetables Fresh Fruit Organic Milk Chefs Choice	Whole Grain Cinnamon Rolls & Organic Milk Oven Roasted Turkey Breast & Cheese Spinach Herb Roll-Ups Veggies w/ Ranch Dressing Fresh Fruit Organic Milk Vanilla Pudding w/ Bananas & Vanilla Wafers	Whole Grain Cereal & Organic Milk Turkey Meatball Subs On A Whole Wheat Bun Tatar Tots Fresh Fruit Organic Milk Whole Grain Tortilla Chips w/ Salsa	Turkey Bacon w/ Whole Wheat Toast & Organic Milk <b>Happy New Year!</b>  <b>SCHOOL CLOSSES AT NOON</b>

